

Seroma defend secondary schools swimming title

BY MAKHTUM MUZIRANSA

11TH UAQ INTER-SECONDARY SCHOOLS GALA - RANKINGS

Seroma CHS	- 1800
Aga Khan HS	- 1,711
Bsk Rafters	- 1,563.5
Green Hill Academy	- 1,183.5
Shree Sahajanand	- 1,000.5
The North Green School	- 863
King's College Buddo	- 574
Elite High School	- 384.5
Pursuit Education Services	- 301
Pine International	- 235
Nabumali HS	- 176.5
Lubiri SS	- 170.5
The Kings Learning	- 111
Vienna College	- 46
Acelerated Christian	- 22

KAMPALA. Arthur Nsubuga, Rahmah Nakasule, Karen Mwangi, Alba Ihunde, and Mahad Kayiira were some of the top performers as Seroma Christian High School (CHS) defended their title at the 11th edition of the Uganda Aquatics Inter Secondary Schools Gala at Greenhill Academy, Kibuli on Saturday.

Seroma first won this title last year at Nabumali High School but returned



Great Defence. Swimmers from Seroma celebrate winning a second consecutive secondary schools' title. PHOTO / MAKHTUM MUZIRANSA

this year to prove they are primed to dominate schools' swimming.

"I want to thank the team and coaches for the hard work they have put in and the sacrifices they have made to get in this position," captain Quentin Muwanguzi said. "I want to also thank the administration for the continuous support towards our programmes. It has been a tough journey (to defend the title)," he added.

Nsubuga, 14, accumulated 160 points in the 12-14 boys' age group to leave the gala as the swimmer with the most individual points.

He finished ahead of King's College Buddo's Adam Katumba (137), Pine International School's Benjamin Ssali (109), and Kayiira (108) in that group.

Shree Sahajanand's Zara Mbanga topped the 12-14 girls with 153 points - ahead of British School of Kampala

(BSK) Rafters' Gabriella Opolot (144.5) and Aga Khan's Tyrah Muganzi who tied with Ihunde in third with 107 points. Mwangi was second in the 15-16 girls' age group with 129 points - just three behind BSK's Paula Nabukeera and four ahead of Aga Khan's Theresa Kikambi.

Aga Khan's Emaad Kodet Tumusiime topped the 15-16 boys with 126 points - six ahead of Greenhill's Elijah Wamala while Shree's Angelo Kagina was third with 106 points.

BSK's Tara Kisawuzi topped the 17 and Over girls with 177 points while Nakasule followed with 139 - five more than Aga Khan's Kayla Arinda. For the 17 and Over boys, the top two positions went to The North Green School's Nathan Nsereko (132), Carlton Musenze (126) while BSK duo Ian Aziku (108) and Ethan Karungi (102) followed ahead of Seroma's Kyle Lugonjo (80) and Akram Lubega (78).

12-14 Years

Mbanga topped the 12-14 Years girls' 100m (1:03.43) and 50m (29.22) freestyle ahead of Aga Khan's Crystal Ssemenda (1:05.40) and (29.54) respectively. Mbanga also took their 100m breaststroke (1:21.39), 100m backstroke (1:11.91), 200m IM (2:35.02), and 50m breast (36.61) gold while Opolot topped the 50m backstroke (32.42) ahead of Muganzi (32.62), who in turn ruled their 50m (30.66) and 100m (1:10.49) butterfly events.

Photo: Makhtum Muziransa