

Mbarara women urged to fight food insecurity

MBARARA

By **Abdulkarim Ssendendo**

Women under Mothers Union in Kashari South, Mbarara district have been urged to grow more food to fight food insecurity in their area.

The call was made by the area MP, Nathan Itungo, who said the women under Mothers Union reach a bigger audience and that they should use their platforms to help the Government spread the gospel of food security.

Itungo made the remarks while addressing Christians and members of the Mothers Union at St Stephen's Church of Uganda in Bubare sub-county recently. He said women play a big role in ensuring there is enough food in their homes.

Itungo called on the local leadership, not only in Mbarara district, but also other districts to ensure there is sustainable and increased household income in their communities.

He said due to lack of income-generating activities, many people, especially farmers, had resorted to selling the little food they harvest to get school fees for their children. He said if the trend did not stop, the country would suffer chronic food shortages.

Itungo also said people should revive the granary system. He said in the past, granaries were used as a post-harvest strategy to promote food security, especially during periods of drought.

He challenged leaders



Itungo (left) exchanging gifts with Tayebwa in Mbarara. Photo by Abdulkarim Ssendendo

REVIVE GRANARIES

Itungo urged people to revive the granary system in homes. He said in the past, granaries were used as a post-harvest strategy to promote food security, especially during periods of drought.



to always emphasise the importance of having granaries in homes.

"Granaries were phased out because people forgot the value they played regarding

food security in our homes. Foodstuffs such as millet, maize and beans were stored and used in times of scarcity. This is the method our communities should revive to ensure we have

food all the time," he said.

Julian Asimwe, the Ankole diocesan children's coordinator, urged women to ensure there is proper hygiene in their homes.

Asimwe also encouraged married couples to be faithful and have respect for each other. She also advised them to work together towards achieving a common goal.

Provia Tayebwa, the chairperson of St Stephen's Bubare Church of Uganda, challenged parents to educate their children instead of wasting money on useless things, such as drinking alcohol.