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Drugs ruining our children

You must already know that former NTV and Radio City presenter, Dave Dash, is not well. Recently, disturbing pictures of the presenter walking naked were all over social media. Apparently the guy has been struggling with drug addiction and that is what made him mentally ill. His situation has split public opinion with a bunch of people saying it serves him right and also a few sympathising with him. The whole Dave Dash situation is sad because to be honest, watching any talented person waste away to drugs is the hardest thing to take. You just never understand how a person who looks really fine is dealing with his own struggles. It is until you see people fall apart that everyone begins to wake up.

Drugs are claiming so many of our own right under our noses. Unsurprisingly, the entertainment industry is where drugs are abused the most. You are sure to hear about a talented artiste or actor dying because of drug overdose or some drug-related illness. Their reasons for resorting to drugs vary from depression or even the pressure to stay relevant. But whatever the reason, drugs are never the solution. They do more harm than good. That is why children need to be constantly reminded of the dangers of drugs. There is this falsehood about a "height" being cool and for a person to perform excellently, they should be high on something. This is totally wrong so young musicians and artistes need to understand that their creative genius is channeled within them and they do not need a stimulant to look for it. Of course, I do not know how Dave Dash started doing drugs (if indeed it is the problem), but the least anyone should be doing right now is judging him. It could be anyone, your relative or friend. Everyone has a role to make people understand how rocky a path of drugs is. Once you are in, it is very difficult to get out. If you know a person on that deadly path of drug addiction, advise them to seek medical help. At the point where someone becomes mentally ill, things are severe and people need to be supported and given the correct treatment too. This is where someone needs their friends and family the most.

Ever since the Dave Dash story broke, I have not seen his friends show support. This shows you how lonely a life of drugs can be. Where are the people who claimed to be his friends? They are all silent. We should watch out for these people we call friends.

I appeal to the government to act tough on the individuals trafficking drugs into the country. There is a growing racket of people selling drugs to our children and they need to be stopped.

