

Full Woman health camp on today

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KAMPALA. Monitor Publications Limited, through its Saturday *Full Woman* magazine, has organised yet another health camp slated for today, at Serena Hotel, Victoria Hall starting at 9am.

The eighth annual Full Woman health camp will run under the theme, "Can you have it all? A healthy lifestyle, successful career and relationship?"

There will be health providers and health industry experts, fashion enthusiasts and cosmetic firms, among others, coming together for the full day event to exchange ideas on the above theme.

Dr Miria Matembe, will grace the event as chief guest.

There will also be several other panelists to discuss matters of health, career and relationships such as Ms Emma Mugisha, a career banker; Dr Catherine Nanono, a nutritionist; Senga Hamida from NTV's breakfast show; and Kojja Ibrahim Semakula from Ddembe FM will take questions from the audience.

The camp will avail those who attend a platform to learn and acquire information on various health issues.

Ms Angela Nampewo, the *Full Woman* editor, says the camp will be a mix of learning and free medical checkups for breast cancer, entertainment, as well as giving out of gift hampers.

"At the Full Woman Camp, our readers will get a chance to share their health and relationship experiences, get access to medical checks and answers from the experts. It is a time for us to give back and share knowledge with our readers," she says.