

First Lady is right: Parents should provide school meals

First Lady and education minister Janet Museveni has continued her crusade across the country of sensitising parents on the importance providing meals to their children in schools.

The First Lady's campaign is on the backdrop of parents reneging on their responsibility of providing midday meals to their children in schools. This is unfortunate because the responsibility of providing for children rests squarely on parents.

The First Lady has pointed out and rightly so, that families first need to be food-secure by producing more food so that providing for their children in schools becomes easy. We need to critically examine how the majority of Ugandan families first became food-insecure to come up with innovative solutions.

This is because research has shown that children, especially those at the primary level need snacks or meals after every four hours to maintain the energy levels required to

concentrate in class. Studies further show that children who eat breakfast and lunch are more alert in class, concentrate on their studies and as such perform well academically and are active in extra-curricular activities.

It is, therefore, no wonder that achievement levels of pupils in our schools have continued dropping.

Mwalimu team

mwalimu@newvision.co.ug