

NEWSPAPERS IN EDUCATION

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Developing Young Readers

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## Celebration of International Day of the African Child

June 16 was International Day of the African Child. On this day, the need for improvement of the education for African children is usually emphasised. Governments, NGOs, international organisations and other stakeholders gather to discuss the challenges and opportunities facing the full realisation of the rights of children Africa. This year's theme was Families, Education and Well-being.



## Cleaning your body

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**T**he human body is a very important thing. If not kept clean, it will have a bad odor or smell that will be unpleasant for your neighbours and also not good for your health.

Keeping the body clean does not only mean bathing but also cleaning other parts such as the nails, hands, ears and private parts of the body that you assume are covered to the public and no one can see.

It is good to clean your body on a daily basis and not only when you feel dirty or smelly. The recommended times for bathing are twice a day.

Sometimes boys that think bathing is for only girls but that is wrong. All bodies are delicate and need cleaning up so they should not wait to be forced to take a bath but take responsibility of their own hygiene.

You should always make sure that your clothes and underwear are clean because you cannot keep your body clean and neglect the clothes that you put on. This is because it is from the clothes that one's body can be kept clean.

When the body is kept clean, there are many health problems avoided, for example, skin diseases such as ringworms, scabies and candida that may affect the girls.

Robert Odur, a teacher at Bulindo St Francis Primary School says charity begins at home.

So, the children should be taught about body hygiene before the teachers can add on what is necessary to make the children observe body hygiene.

He says sometimes the child's body negligence starts from home where the parents do not care whether the child is clean or not. So, when they grows up, they think that it is okay to be dirty since they have always been that way.

Pupils need to know that they should bathe at least bathe twice a day, brush their teeth after every meal, wash their clothes and not rebound a cloth before washing it so as to be clean.

your letters