Teens to dance for change in new challeng

The new inter-school competition by Reach A Hand Uganda will see teenagers use music and movement to speak out on challenges they face.

BY PATRICK SSENTONGO

Dance floors are about to turn into powerful spaces for self-expression as Reach A Hand Uganda officially launched *You Can Dance*, a fresh inter-school dance competition aimed at helping teenagers talk about real-life issues through dance.

Launched on May 9 at Reach A Hand Uganda headquarters in Lungujja, Kampala, the initiative is designed to use dance as a creative way of addressing challenges affecting teenagers today, including mental health, bullying, toxic relationships, puberty, consent, climate change, gender equality, and teenage pregnancy.

The launch had students from schools such as Seeta High School, Scoris International School, Kabojja International School, Golden High School, and Namiryango Senior Secondary School who delivered energetic performances packed with creativity, emotion, and serious choreography.

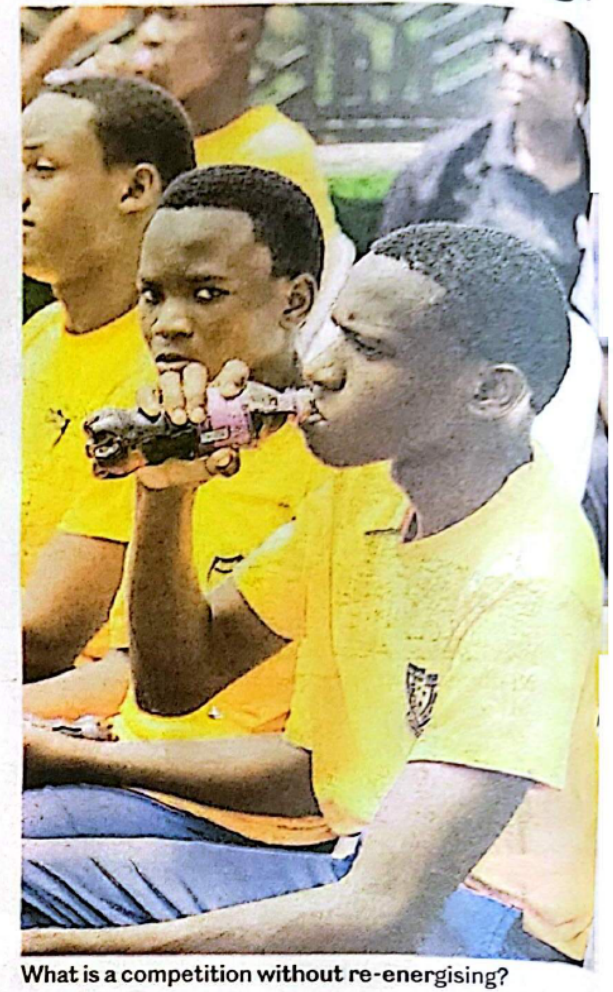
The main showdown is expected on June 20, when over 30 schools will battle it out at Scoris International School.



The audience kept the momentum alive, giving vibes to whoever came on stage to dance.



Vibes, energy and originality were evident in every person who came out to perform.



What is a competition without re-energising?

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