the book series of the same name. The

shining in her London glory as the chief match-maker, all looking regal and dan-

'royals' wore poker faces even after several cocktails.

more

# Go get soothed by the lake rythms

## Chillax. Tuck yourself away at the eco-friendly Tiapia Lodge.

BY TREVOR LUTALO

After a long and often exhausting work week, many people find themselves counting down to the weekend. Yet, when it finally arrives, it tends to slip by too quickly, leaving little room for true rest. For those looking to slow down, breathe, and reconnect with nature Entebbe offers a refreshing escape.

Just a short distance from Kampala, Entebbe has long been known for its calm atmosphere, lakeside charm, and stunning sunsets over Lake Victoria. It is here, away from the city's constant rush, that one can rediscover the simple pleasure of doing nothing.

A visit to Tilapia Lodge, an eco-friendly retreat tucked along the lake, brings this experience to life. The journey itself sets the tone. From Port Alice in Nakiwogo, a 10 to 20-minute boat ride across the water leads to Buwaya, where the lodge is located. The gentle rhythm of the lake, combined with the fresh breeze, begins to ease the stress even before arrival.



The panorami view of Lake Victoria. PHOTO/TREVOR LUTALO.

Set within a lush, green environment, Tilapia Lodge blends seamlessly with its natural surroundings. The property features an organic garden, which supplies fresh ingredients for the kitchen. Guests can enjoy salads and fruits grown right on site, adding a wholesome and sustainable touch to their meals.

Accommodation at the lodge is thoughtfully designed to offer both privacy and comfort. The rooms are spaced apart, allowing guests to enjoy quiet moments without disturbance. Built with a rustic aesthetic, the structures incorporate natural materials that reflect the environment, while still offering modern amenities for a comfortable stay. Whether travelling alone, as a couple, or with family, the setting caters to different needs while maintaining a sense of intimacy and calm.

Food is an essential part of the experience, and Tilapia Lodge does not disappoint. The menu features a blend of local and international cuisine, prepared with fresh ingredients. As the name suggests, tilapia is a highlight, served in a variety of styles that celebrate the country's rich culinary traditions. Meals can be enjoyed with views of the lake, making dining both a visual and sensory delight.

Beyond rest and relaxation, the area offers a range of activities for those who wish to explore. A few minutes from the lodge, visitors can try sport fishing on Lake Victoria, an activity that combines leisure with a touch of adventure. For bird lovers and nature enthusiasts, a trip to Mabamba Swamp is a must. The swamp is home to the rare and iconic shoebill stork, often described as prehistoric in appearance. Spotting one in its natural habitat is a memorable experience that draws visitors from across the world.

Evenings at the lodge are perhaps the most rewarding. As the sun dips below the horizon, the sky transforms into a canvas of warm colours reflected on the lake's surface. It is a moment that invites quiet reflection, far removed from the pressures of daily life.

In a world that rarely slows down, finding time to rest has become essential. A weekend in Entebbe, especially at a place like Tilapia Lodge, offers more than just a getaway. It provides an opportunity to reset, recharge, and return to the week ahead with renewed energy.

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