

SUN UP

moisture effect

Lotion works for a quick fix. A shower is even better. Again, steam opens up pores and moistens hair follicles for levelled trims. If too time consuming, apply a warm compression pad to the area you are working on.

use a trimmer...

Most body trimmers host extra accessories for facial spots. The problem is that these machines are heavy and provide little-to-no versatility to reach difficult areas. Invest in a nose trimmer, one with multiple heads to clear.

whiskers. ~~may be using brush or bonnet~~ a makeup brush if need be. You could use a body wipe for the cleansing and hydrating elements

Your armpits matter

WORK YOUR ARMPITS.

Cut back on the forest in the different regions and win yourself the dream hugs and company.

Women do not necessarily appreciate a guy who is obviously spent the last two hours holed up in front of the bathroom mirror. You don't need to buy a bunch of useless products, and you do not need to be someone you are not. It is just about polishing up your natural assets and showing pride in the person you want to present to others.

Just think about it: Are you going to feel more confident walking into a job interview if your neat shirt is healthy, as opposed to overgrown and dry? What about going on a blind date knowing that you are ready for an intimate evening? It is simple logic: Manscaping is not something to be afraid of, but rather embraced.

Especially if you expect your partner(s) to maintain a certain appearance or beauty standard, you owe it to them to return the favour. And trust us, you will feel more relaxed heading into any close encounter knowing that you're in your best form.

Step 1: Trim it down.

Same as the pubic area, it's all about cutting back the forest. Match your hair length to the proper comb attachment and buzz away. If volume is light, use the trimmer head as is.

Step 2: Exfoliate the skin

This applies everywhere, but arms and pits benefit hugely from a nice scrubbing. Learn how to exfoliate the body and value a good exfoliant to purge clogged pores and rid yourself of dead skin. You will produce a smoother landscape for grooming tools to work better. (Razor. Trimmer. Whatever.)



Step 3: Lather up

Stick with a shaving gel for it will be easier to navigate through the contours of your arms and pits. Application is easier, too; only a little

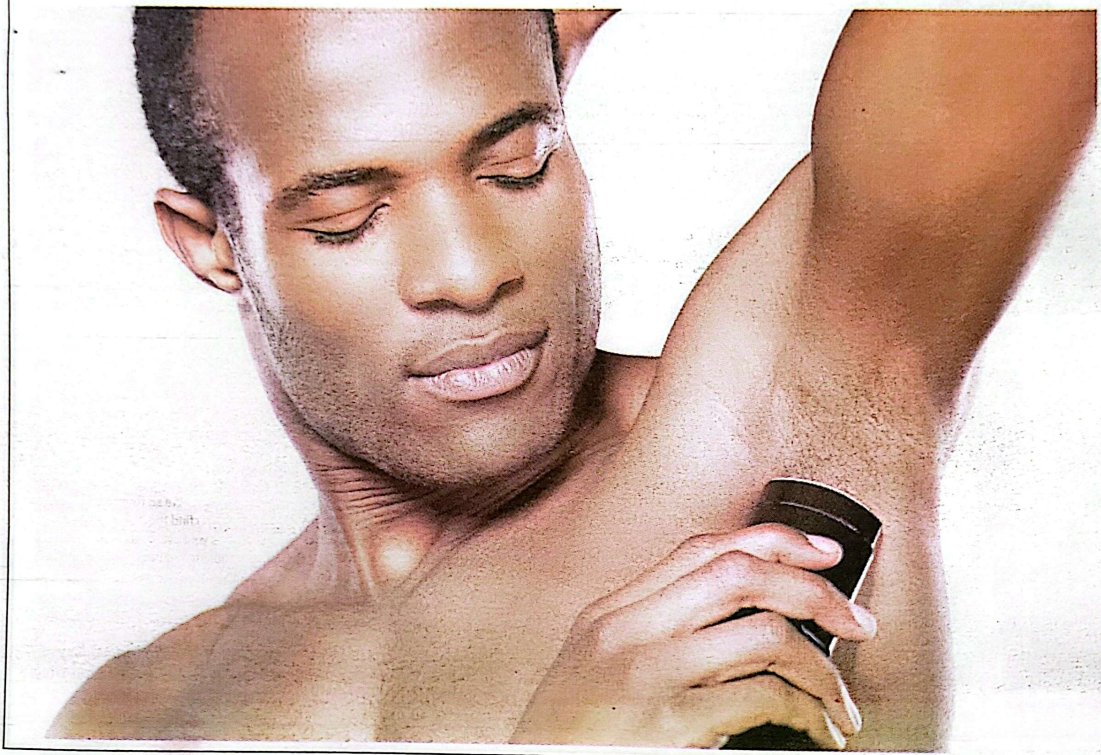
is needed.

Step 4: Shave it off

Take a cartridge razor, one with a pivoting head and with no less than three blades. Start at the inside of the wrist and transition up to the forearm. Stop at the elbow and move across the forearm with soft strokes. Do the same when tackling the upper part of your arms. When working the pits, shave anyway you please since underarm hair naturally grows in all directions.

Step 5: Rinse and cool down

Manscaping in the shower lets you rinse off debris instantly. Let the water from the showerhead take care of the dirty work. Once finished, pat down arms and pits gently. Then top it off with a skin-soothing lotion featuring Aloe Vera or other cooling ingredients. This is known to cool down.



BE GENTLE

Shave with light, gentle strokes, rinsing often, and with the skin pulled taut. Shaving sensitive skin such as the underarms would be good with a shaver that has a rounded head.