

German whisky. Production methods were explained. Tasting principles were demonstrated. The rare whiskies to taste were five. Clynelish 18

was the outcome.

The tasting was interactive. Guests compared the mas and flavour profiles. Discussions developed around texture, spice, and finish. Radio personality

perience. The food provided balance to the strong tasting. It kept the atmosphere grounded and social.

When you feel like a culture-filled weekend...

Vibe. Take a chance on Ndere Cultural Centre, the hub of cultural experiences.

BY TREVOR LUTALO

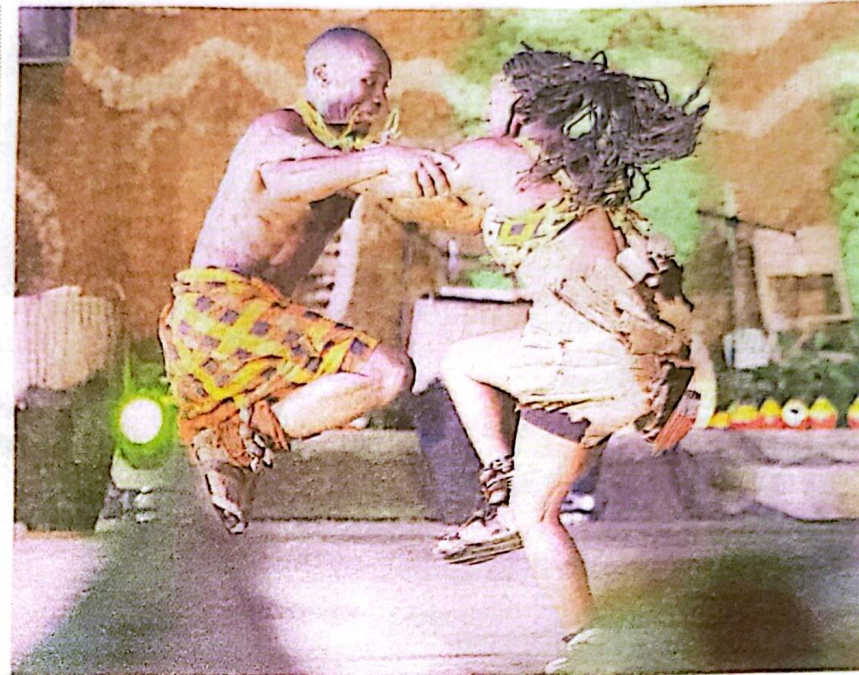
A quiet Saturday can be a gift. No alarms, no rush, just the comfort of your own space and the slow rhythm of a day that asks nothing from you. Let the city hum in the background while you rest, reset and gather your energy. Because come Sunday evening, there is a different kind of experience waiting, one that pulls you out of your routine and gently drops you into something magical.

Tucked away yet alive with energy is Ndere Cultural Centre, a place that does not reveal its full story from the outside. From the moment you step through its entrance, it feels as though you have crossed into another world, much like opening a quiet door and

finding yourself somewhere far more vibrant than expected.

The evening begins softly. A welcome drink, often served in traditional gourds, sets the tone. It is simple, but symbolic, an invitation to slow down and be present. Around you, conversations blend with soft music, and before long, the buffet calls. It is a spread that celebrates Ugandan cuisine in its truest form: fresh, rich, and deeply rooted in culture. Every bite feels familiar, yet special, like a reminder of home.

But it is when the production begins that Ndere truly comes alive. The stage transforms into a canvas of storytelling. Through dance and music, Uganda's many cultures unfold in front of you. Each performance carries meaning, stories of love,



Performers at Ndere Centre. PHOTO/TREVOR LUTALO

community, struggle, joy, and heritage. The dancers move with purpose, their energy pulling the audience in. It is not just entertainment; it is education wrapped in rhythm and colour.

What makes the experience even richer is the diversity. Performances draw from across Uganda's many ethnic groups, each bringing its own unique style and rhythm. There are also touches from neighbouring

Rwanda and Burundi, adding a regional flavour that broadens the story being told. It becomes clear that culture here is not static, it is alive, shared, and evolving.

The music deserves its own moment. Traditional Ugandan instruments take centre stage, their sounds deep and grounding. Drums, flutes, and stringed instruments blend in a way that feels both ancient and immediate. You do not just hear the music, you feel it, in your chest, in your thoughts, in the way it lifts your mood without effort.

By the time the night draws to close, something has shifted. The stress of the past week feels lighter. The noise in your mind quiets down. There is a sense of renewal, having been reminded of something important: identity, culture, and connection.

Ndere is not just a place you visit, it is an experience you carry with you. So perhaps this weekend, the plan is simple. Rest on Saturday. Do nothing and do it well. Then on Sunday night, step out just enough to step into something meaningful. Let Ndere be the rest, wash away the weight of the week, and send you into Monday just refreshed, but inspired.